

Step 11 – Sought through prayer and meditation to improve our conscious contact with God as we understood God, praying only for knowledge of God's will for us and the power to carry that out.

11A – Sought

How much do I still want to do things my way and want to go back to the old way of life?

How have I learned to keep looking for a higher power's direction throughout life?

What have I learned from other people about their efforts to seek a higher power's direction?

What are some of the techniques I can use to find a higher power's direction?

What is the effect on my serenity when I look for and follow a higher power's direction? How can I use my level of serenity to gauge whether or not a specific action is what my higher power wants for me?

How have I learned to wait for direction before taking actions? This waiting is not a "passive waiting". One part of proper waiting is making sure that nothing is preventing me from taking action when my higher power says that it is time to act. What things are in my way keeping me from being ready to act? What needs to change so that I can take action?

How am I learning to be comfortable delaying decisions, living with the unknown, living with uncertainty, continuing to look for direction, when I am considering changes?

What is my experience in waiting till the moment of action before making a decision? How does that give more serenity? How do I find this waiting helping me to hear what a higher power might want for my life?