

Step 11 – Sought through prayer and meditation to improve our conscious contact with God as we understood God, praying only for knowledge of God's will for us and the power to carry that out.

11F – Power to Carry It Out

How is asking for the power to carry out my higher power's will different from asking for resources to do what I want?

What is my experience with following a higher power's will instead of me organizing and controlling events? What is the difference in stress on me? What is the difference in how other people react?

What do I perceive as the material difference in being granted the power to carry things out instead of seeking and grabbing my own power and making things happen? How are things different when looking for when the higher power grants the resources?

If I am to use only my higher power's power in carrying out things, what does that do to my timetable and schedule for doing those? How much do I need to be waiting instead of trying to make things happen?

What is the result in how I feel after following a higher power's will instead of my own?

How does asking only for knowledge of a higher power's will and the power to carry that out often challenge my character defects? How does living that way give more serenity?