

Step 6 Were entirely ready for God to remove all these defects of character

6D Identifying Defects of Character - Envy, Greed, & Lust

These three are related. Envy is the wanting to take from others. Greed is “getting without any consideration of what it will cost others for me to have”. Lust is envy and greed expressed in sex. Greed is one of the “Seven Deadly Sins” because of the harm it does to other people and how it drives others to violate their own values. The opposite is just as damaging as it gives in to other’s greed and does not meet my own needs.

Often this is triggered by first my sense of not having. How is my discontent with what I have and where I am triggering me to want to take from others? How do I take pride in not having?

How is my isolation pushing me to wanting to force myself onto others or allow others to push themselves on me and those I love - physically, economically, emotionally, controlling, voyeuristically, or sexually?

How is my sexual dissatisfaction opening me up to triggers to act out?

What has it cost others for me indulge my addiction? (i.e. what did it cost them or me to be in those photographs, to be dancing for me, to have that affair?)

In our society, other people’s greed often is unchecked and trying to fulfill that greed has caused a lot of problems. How can I protect me and my family from the greed of bosses, clients, and those who would act out on me? For those of us who are over others, how can we be aware of a higher power’s guidance when we need to be pushing them?

What would it take to be satisfied with what I have today - economically, spiritually, and sexually? Can I grieve my perceived losses? How can I turn my situation over to a higher power and see things from that higher power’s perspective?

What would it be like to thank my higher power for my current situation?